

A CONTINUUM OF CARE AT ROCKINGHAM COUNTY



ROCKINGHAM
C O U N T Y
Rehabilitation

The logo for Rockingham County Rehabilitation features the name in a serif font with a gold leaf graphic above the 'K' in 'ROCKINGHAM'. The word 'C O U N T Y' is spaced out below a thin gold line, and 'Rehabilitation' is in a cursive script below that.



ERNEST P. BARKA
Assisted Living Community

The logo for Ernest P. Barka Assisted Living Community features the name in a serif font with a gold leaf graphic above the 'P' in 'ERNEST'. The words 'Assisted Living Community' are in a cursive script below a thin gold line.



ROCKINGHAM
C O U N T Y
Nursing Center

The logo for Rockingham County Nursing Center features the name in a serif font with a gold leaf graphic above the 'K' in 'ROCKINGHAM'. The word 'C O U N T Y' is spaced out below a thin gold line, and 'Nursing Center' is in a cursive script below that.

ROCKINGHAM C O U N T Y

Rehabilitation

Caring support for a rapid recovery...

From the moment you arrive at Rockingham County Rehabilitation, you will be surrounded by a team of compassionate, attentive, and highly skilled professionals devoted to your comfort, your peace of mind, and your full recovery. Our expert team of physical therapists, occupational therapists, speech language pathologists, doctors, and nurses will evaluate all aspects of your daily care to ensure that it meets the highest standards, from specialized dietary requirements to medications, structured therapy programs to pain management and optimal rest.

The rehabilitation caregivers work in conjunction with other professionals from the Rockingham facility including dietitians, social workers, and administrators to make your stay a positive and uplifting experience that takes your personal desires and preferences into consideration. Therapy services can be provided in the privacy of your room or in one of our two therapy gyms. The occupational therapy gym has a full kitchen and washing machine and dryer to help you work on daily home management activities, as well as a wide range of weights and therapy equipment to assist you in regaining your strength and mobility. Our physical therapy gym is appointed with a wide variety of additional equipment including Nu Step and Omni Cycle Machines, Accelerated Care Plus modalities, and balance equipment. If you have swallowing, cognitive, or communication problems, our speech service professionals can assist you to overcome or reduce their severity.



The improvements that you can expect in your physical strength, muscle tone and coordination, sense of balance, and range of motion during your rehabilitation stay will ensure a confident, safe, and successful return home.

*"After I injured
my ribs and hip, the
therapy program here
quickly got me back to
enjoying my life again."*

—Shirley Baker, Resident





ERNEST P. BARKA

Assisted Living Community

*All the comforts
of home and more...*

Life at Ernest P. Barka Assisted Living provides safe, friendly senior living that also serves all your social, emotional, and spiritual needs. Our well maintained facility and grounds will provide a welcoming home for you if you can no longer live unassisted or would like the peace of mind knowing someone is always close at hand. The adjacent Rockingham County Rehabilitation and Nursing Center wing with its state of the art physical and occupational therapy facilities ensures that you can receive most or all of your health care on site. Friendly, attentive nursing and support staff are available 24 hours a day to oversee health concerns, to administer your medications as needed, and

to provide routine services such as laundry, housekeeping, and personal care. With all of your daily needs taken care of, you will gain the luxury of more time to socialize, relax indoors or out, or engage in any of the other activities you most enjoy.

There are many ways for you to enjoy life at Ernest P. Barka Assisted Living! You can read in the library; spend time with friends and family in the attractive common dining and living areas; explore the picturesque gardens, outdoor patios, four-season sun room, and three-season atrium; or join other residents for regularly scheduled recreational and community programs on or off the premises. You might decide to attend services in the multi-denominational chapel or relax in your room to read, watch television, or surf the internet. Residents can furnish and decorate their rooms according to personal preference. In addition to three nutritious meals daily in our comfortable, spacious dining room, we offer well-equipped Country Kitchens and tastefully furnished living and dining areas so that you, your friends, and family can prepare meals or snacks while visiting together in relaxed surroundings.

At Ernest P. Barka Assisted Living, our goal is that you will come to regard your new home as a sanctuary where you can live in peace, comfort, and security.

*“I enjoy living here. My room
is comfortable and clean.
All my needs are met.”*

—Ruth I. Williams, Resident



ROCKINGHAM C O U N T Y

Nursing Center

*Ensuring comfort,
safety, and well-being...*

Recognizing the need for long term care services is very difficult for both the individual and their family. Rockingham County Rehabilitation and Nursing Center in Brentwood, New Hampshire provides comprehensive quality medical, nursing, rehabilitation, and social services supported by a dedicated, caring, and experienced professional staff. In addition to around the clock Registered Nurse supervision, our medical staff includes a full time Nurse Practitioner and five day per week physician services. Additional onsite services include dental, podiatry, dermatology, vision, and audiology. We also offer a restorative nursing program that is designed to help the resident maintain the functional gains made in physical, occupational and speech therapy. Under the direction of the restorative care registered nurse and a dedicated staff of trained restorative aides, individualized programs are developed to help ensure that each resident, family, and our interdisciplinary team develop an individualized plan of care based on the resident's needs, goals, and preferences.

A warm, welcoming environment provides a feeling of comfort and security which forms the basis of the day-to-day culture at Rockingham County Nursing Center. A variety of programs including arts and craft activities, social events and guest performances are open to residents, families, and guests. Other amenities include, a three-season atrium, hair salon, snack bar, gift shop, sun room, outdoor garden area and gazebo, and multi-denominational chapel. Cable TV and Wifi are also available.

At Rockingham County Rehabilitation and Nursing Center our goal is to provide the best care and services to every resident every day. Our core values of compassion and respect challenge us to strive for distinction in both the quality of care we provide and the level of dignity with which it is delivered.

Together, Rockingham County Rehabilitation & Nursing Center and Ernest P. Barka Assisted Living provide a continuum of care offering the level of service that best fits your needs.



"Everyone is very friendly. It's the best nursing home in the state. They are always doing nice things for the residents."

Andy Farnsworth, Resident



The atrium is a relaxing place for residents, family, and visitors.

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Contact us for more information or to arrange a tour.
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