

ROCKINGHAM
C O U N T Y
Rehabilitation





Expert care will get you back home fast...

Rockingham County Rehabilitation

is committed to providing you with the highest quality professional rehab services to improve your strength, balance, mobility, coordination, and overall quality of life. Throughout

your stay, family members, friends, and entrusted individuals are encouraged to participate in establishing your treatment plan. Each plan is custom-tailored to your individual needs. We work to help you regain the life you want to live!

The dedicated rehab wing includes pleasant areas for visiting and relaxing including a three-season atrium, media room, outdoor gazebo, and snack bar and gift shop.

Physical Therapy (PT): Our physical therapy program provides ongoing assessment to improve mobility, decrease pain, increase strength, and promote activity tolerance.

Occupational Therapy (OT): Occupational therapy strives to maximize your ability to participate in the activities of daily living. Specific therapeutic activities can help you regain basic skills and independence. Home evaluations can be arranged prior to your discharge to ensure a safe return.

Speech Therapy: Licensed speech pathologists provide ongoing treatment for residents with communication and/or swallowing disorders caused by neurological impairment or disease.

Rockingham County Rehabilitation is part of Rockingham County Long Term Care Services, a county program with an established history of dedicated patient care. Our friendly,



capable caregivers offer a depth of professionalism and experience that distinguishes our facility from many others. Together, Rockingham County Rehabilitation and Nursing Center and Ernest P. Barka Assisted Living provide a comprehensive, continuum-of-care approach to long term care services.

Clinical and therapeutic services include:

- 24-hour RN coverage
- Physician services 5 days a week
- Full Time Nurse Practitioner
- Physical therapy
- Occupational therapy
- Speech therapy
- Cardiac rehab
- Pulmonary rehab
- Orthopedic rehab (including joint replacements)
- Stroke rehabilitation
- Wound care
- Diabetes management
- Dietary management
- Estim (pain relief, strengthening, wound healing)
- Diathermy (ROM, pain relief, wound healing)
- Ultrasound (ROM, pain relief, wound healing)
- Mental health services

Other amenities and onsite services:

- Three-season atrium
- Multi-denominational chapel
- Snack bar and gift shop
- TV and media room
- Cable TV
- Telephone
- WiFi
- Salon and barber services

*"In my experience,
you are the best.
I've received excellent
therapy, which has
really helped me."*

—Shirley Monroe,
Resident





"Very good occupational and physical therapy; very caring personel with encouragement given at all times. I would recommend this facility to anyone looking for therapy."

—Mary Arcieri, Resident

"I enjoy my exercises that help me with my balance and getting around during my daily work and play."

—Stanley K., Resident

"My mother experienced a sense of wellbeing and optimism immediately after her arrival here from the hospital. With the dedicated help of her caregivers, she was able to move back to assisted living after about four weeks. We are grateful to the staff of Rockingham County Rehabilitation for helping her to regain her enjoyment of life."

—Marina Kirsch,
Daughter of Resident



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Contact admissions for more information or to arrange a tour.

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www.co.rockingham.nh.us

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